



PROCLAMATION

WHEREAS, Cushing's Syndrome annually affects an estimated 10 to 15 people per million, and is often misdiagnosed or goes undiagnosed for years because many of the symptoms are mirrored in milder conditions, thereby delaying important treatment options, and causing death in a number of sufferers before a diagnosis is made; and Whereas Cushing's Syndrome, also known as hypercortisolism, is an endocrine disorder caused by prolonged exposure of the body's tissues to high levels of the hormone cortisol which is caused by either exposure to glucocorticoids—steroid hormones that are chemically similar to naturally produced cortisol—such as Prednisone, or by the body's overproduction of cortisol, most likely due to tumors of the pituitary gland, adrenal gland, or lung; and,

WHEREAS, Typical signs and symptoms of Cushing's Syndrome include upper body obesity, rounded face (moon face), collection of fat between the shoulders (buffalo hump), skin that bruises easily and heals poorly, weakened muscles and bones, insomnia, excess body hair growth and menstrual irregularities in women, and decreased fertility in men; and,

WHEREAS, Several tests are usually needed to diagnosis Cushing's Syndrome, including urine, blood, and saliva tests followed by other tests to help find the cause of the syndrome, including CT scan and/or MRI of the pituitary and adrenal glands, after which the appropriate treatment depends on the specific cause of the syndrome, and may include surgery, radiation, chemotherapy, cortisol-inhibiting drugs, and reducing the dosage of glucocorticoid hormones; and,

WHEREAS, Cushing's Syndrome was discovered by neurosurgeon, Dr. Harvey Williams Cushing, who was born on April 8, 1869; and,

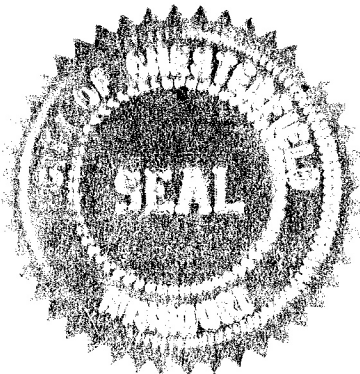
WHEREAS, The City of Chesterfield wishes to express support for the designation of a World Cushing's Syndrome Awareness Day and to raise awareness of Cushing's Syndrome in the general public and the medical community.

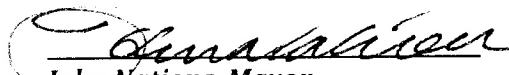
NOW, THEREFORE, I, JOHN NATIONS, MAYOR OF THE CITY OF CHESTERFIELD, DO HEREBY PROCLAIM THURSDAY, APRIL 8, 2010 AS

WORLD CUSHINGS SYNDROME AWARENESS DAY IN THE CITY OF CHESTERFIELD


(PRESENTED THIS DAY TO MS. SUSAN KATHLEEN FINDLEY, CUSHING'S SYNDROME SURVIVOR)

IN WITNESS WHEREOF, I HAVE HERETO SET MY HAND AND CAUSED THE OFFICIAL SEAL OF THE CITY OF CHESTERFIELD TO BE AFFIXED THIS 8TH DAY OF APRIL, 2010.




John Nations, Mayor

ATTEST:


Judith A. Naggia, City Clerk